

POOLE HARBOUR TRAILS

Our aim is to provide easily recognised cycling and walking routes around Poole Harbour. The walking route around the harbour is divided into 6 linear walks:

- Walk 1** Poole to Greenlands. (12 km 7½ mls)
- Walk 2** Greenlands to Purbeck Park, formerly Norden Park & Ride (11 km 7 mls)
- Walk 3** Purbeck Park, formerly Norden Park & Ride, to Wareham (12 km 7½ mls)
- Walk 4** Wareham Quay to Sandford (12 km 7½ mls)
- Walk 5b** temporary walk, Sandford to Turlin Moor (13.5 km 8½ mls)
- Walk 5** Sandford to Turlin Moor – next phase of Poole Harbour Trails project
- Walk 6** Turlin Moor to Poole Quay (11 km 7 mls)

The above walks can be found on www.pooleharbourtrails.org.uk. Each of the above linear walks is associated with several circular walks, Walk 1a, 1b etc. leading to local attractions or additional viewpoints, all of which can be found on the above website.

THE COUNTRYSIDE CODE

Respect other people

- Consider the local community and other people enjoying the outdoors
- Park carefully so access to gateways and driveways is clear
- Leave gates and property as you find them
- Follow paths but give way to others where it's narrow

Protect the natural environment

- Leave no trace of your visit, take all your litter home
- Don't have BBQs or fires
- Keep dogs under effective control
- Dog poo - bag it and bin it

Enjoy the outdoors

- Plan ahead, check what facilities are open, be prepared
- Follow advice and local signs and obey social distancing measures

OPEN ACCESS LAND

Open Access is a right of access on foot. Riding bikes or horses (except on bridleways designated public rights of way), driving vehicles (except mobility vehicles), camping or feeding animals are not allowed. Dogs must be on a short, fixed lead up to 2 metres long near livestock and from 1 March until 31 July to protect nesting birds. Sometimes restrictions on access may be in place, please check details online.



WALK 6c UPTON, LYTCHETT BAY AND TURLIN MOOR

Start: Hamworthy Station or nearby 8/9 bus stops on Turlin Road.

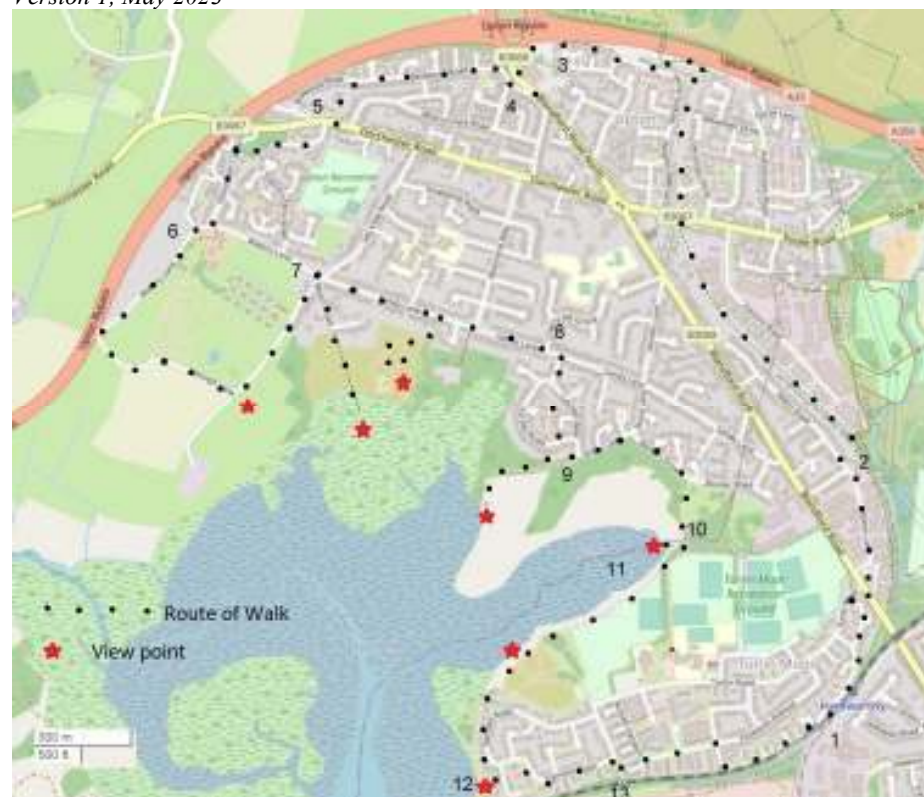
- **Ordnance survey map:** OL15 Start and finish grid reference: SY 987 917
- **Transport** (check current timetables): Morebus: 8 & 9 Poole circular, 10 Poole/Lytchett Matravers, 40 Poole/Swanage to Upton, X54 Weymouth/Wareham/Poole to Upton. South West Trains: Bournemouth, Poole, Hamworthy and Wareham stations.
- **Approximate distance:** 11 km (7 mls), allow 3½ hours for viewpoints. Cumulative ascent 53m.
- **Facilities en route:** Toilets at supermarkets in Hamworthy & Upton. Cafés in Upton.
- **Nature of route:** Footpaths, bridleways, minor roads, tarmac paths, no stiles. Muddy in places.
- **Special interest:** Nature reserves. Connection to Castleman Trailway via Upton Trailway.
- **Connecting harbour walks:** Walk 6 – Turlin Moor to Poole Quay, Walk 5b - Sandford to Turlin Moor, 6b Upton Country Park, Ham Common and Lytchett Bay, 6a Upton Country Park, Upton Heath and Roman Road. Coming soon, Walk 6d shorter version of Walk 6c
- **Waymarks:** -the linear walks are now waymarked with small, green roundels but these may not give the correct directions for the circular walks.

1. If coming by rail, turn right out of the north west side of Hamworthy Station and follow Junction Road round as it bends left downhill and then turns right onto Turlin Road at a junction, with a bus stop for 8/9 buses ahead. At the main road, cross the road at the crossing on your right, turn left on the other side of the road and bear right to go through the car park area alongside the supermarket and go ahead into Allens Lane.
2. At the Footpath 7 fingerpost, turn right into an alley and soon left on to the Upton Trailway (former route of London and South Western Railway) passing a fingerpost indicating the footpath to Upton Country Park. Follow the Upton Trailway for about 1km and cross Poole Road at the light-controlled crossing just east of Upton Crossroads. Continue straight along the footpath. After about 100m, and after crossing the end of Briarswood Road, bear slightly left on to a narrow grassy path soon passing through the chicane to continue for about 300m until the path bends round to the left, joining the bridleway running alongside the A35. Soon pass through a narrow barrier on the left and turn right onto Heights Road.

3. After 100m, where the road bends round to the left, take the footpath on the right. Pass Aldi on your left and cross the Blandford Road North.
4. Join the road parallel to Blandford Road North at some bollards and turn right to double back on yourself and continue north into Redwood Road. After about 500m, and after Hickory Close on the right and before a bend in the road, go down a narrow alley footpath on your left.
5. Turn right into Dorchester Road, cross it and join Marsh Lane on your left. As you approach a red brick house directly ahead, turn right on to a short bridge and go along the bridleway to join Policemans Lane where you turn left. After 200m, turn right at the junction with Watery Lane, following the Poole Harbour Trails waymark for Walk 5b, pass the small car park.
6. Go down Watery Lane, and continue briefly through the gate in to the RSPB Lytchett Fields Nature Reserve before retracing your steps and continuing into Slough Lane. At the next junction, Slough Lane continues to the left (NE) along a narrow tarmac road. (At this junction there is an excellent bay view from the gate that gives access to the RSPB site.)
7. At the end of Slough Lane turn right at the junction to continue along Sandy Lane. (Here you can instead turn sharp right down Beach Road bridleway for access to the Bay although it can be muddy.) Part way along Sandy Lane there is a nature reserve on your right with a number of paths to explore. (From Sandy Lane you can divert to the fish and chip shop on Moorland Way or catch a bus to the start to shorten your walk.)
8. Turn right into Lytchett Way, cross Saltings Road and keep straight on along the path between the houses, and, after crossing Furzey Road, continue along a tarmac path between houses.
9. At a T-junction, turn left onto a footpath. (Alternatively, you can turn right on to the footpath to divert to an excellent Bay access point and view.) Pass through a metal barrier and take the right fork onto Border Drive. When you come to an information board, turn right onto a tarmac footpath towards the Lytchett Bay Viewpoint. When retracing your steps from the viewpoint, soon turn right to cross the bridge and turn right on to the gravel path leading to Turlin Moor. (This bridge crosses the site of Dorset's only canal - Thompson's Canal – completed 1831 to serve Upton's clay industry.)
10. Follow the path, gravel at first, keeping the woodland on your right until you come out into a field, turn right along the edge of the field and join the water's edge of the harbour, bearing left with the path.

11. Follow the track around the edge of Lytchett Bay, which can be muddy, passing a bird hide on your right. Head for the point where the houses are close to the harbour. Take the path to the right behind the houses, and then pass through a cycle barrier onto a path that runs alongside the water with the houses on your left.
12. When you reach the slipway turn left up the steps and take the paved pathway straight ahead between the flats and houses until it joins Egmont Road. Turn right and continue to the junction with Foreland Road.
13. Turn right very briefly into Foreland Road and take the first alley on the left at a fingerpost. Follow the alley round to the right and then left to go down to join Fitzworth Avenue and turn right into it. Soon turn right into the driveway past Willow House and then left onto the tarmac path alongside the railway. Come out on to Junction Road to go past Hamworthy Station –your start point.

Version 1, May 2023



Walk 6c Upton, Lytchett Bay and Turlin Moor
Map reproduced from <https://www.openstreetmap.org/>