

## POOLE HARBOUR TRAILS

Our aim is to provide easily recognised cycling and walking routes around Poole Harbour. The walking route around the harbour is divided into 6 linear walks:

- Walk 1** Poole to Greenlands. (12 km 7½ mls)
- Walk 2** Greenlands to Purbeck Park, formerly Norden Park & Ride (11 km 7 mls)
- Walk 3** Purbeck Park, formerly Norden Park & Ride, to Wareham (12 km 7½ mls)
- Walk 4** Wareham Quay to Sandford (12 km 7½ mls)
- Walk 5b** temporary walk, Sandford to Turlin Moor (13.5 km 8½ mls)
- Walk 5** Sandford to Turlin Moor – next phase of Poole Harbour Trails project
- Walk 6** Turlin Moor to Poole Quay (11 km 7 mls)

The above walks can be found on [www.pooleharbourtrails.org.uk](http://www.pooleharbourtrails.org.uk). Each of the above linear walks is associated with several circular walks, Walk 1a, 1b etc. leading to local attractions or additional viewpoints, all of which can be found on the above web site.

### THE COUNTRYSIDE CODE

#### Respect other people

- Consider the local community and other people enjoying the outdoors
- Park carefully so access to gateways and driveways is clear
- Leave gates and property as you find them
- Follow paths but give way to others where it's narrow

#### Protect the natural environment

- Leave no trace of your visit, take all your litter home
- Don't have BBQs or fires
- Keep dogs under effective control
- Dog poo - bag it and bin it

#### Enjoy the outdoors

- Plan ahead, check what facilities are open, be prepared
- Follow advice and local signs and obey social distancing measures

### OPEN ACCESS LAND

Open Access is a right of access on foot. Riding bikes or horses (except on bridleways designated public rights of way), driving vehicles (except mobility vehicles), camping or feeding animals are not allowed. Dogs must be on a short, fixed lead up to 2 metres long near livestock and from 1 March until 31 July to protect nesting birds. Sometimes restrictions on access may be in place, please check details online.



### WALK 6a UPTON COUNTRY PARK, UPTON HEATH AND ROMAN ROAD



- **Start:** Upton Country House car park.
- **Ordnance survey map:** OL15 Start and finish grid reference: SY 991 929.
- **Transport** (check current timetables):  
Wilts and Dorset bus: 8 or 9 circular, to Upton Country Park, 40 Poole/Swanage to Upton.  
South West Trains: Poole and Hamworthy stations.  
Car Parking: Upton Country House Park (pay).
- **Approximate distance:** 8 km, 5 mls allow 3 hours
- **Facilities en route:** Café at Upton Country Park open at some times of year, toilets in Upton Country Park in car park.
- **Nature of route:** footpaths, tarmac paths, heath and woodland, no stiles.
- **Special interest:**
- **Connecting trails:** Castleman Trailway at Upton Park.
- **Connecting harbour walks:** Walk 6 – Turlin Moor to Poole Quay; Walk 6b - Upton Country Park, Ham Common and Lytchett Bay.
- **Waymarks:** -the linear walks are now waymarked with small, green roundels but these may not give the correct directions for the circular walks.

1. From the main car park at Upton Country Park leave by turning right on the road behind the toilet block. After 50m and passing 2 turnings on your left, bear left. Pass the café on your left and at the walled garden turn right and then left down a narrow path with the children's playground on your right.

Head across the grass towards the gazebo and go past it onto a path going gently downhill.

2. On reaching the shoreline view point, turn left.

When you reach the metal gate turn left away from the water, following a sign to Broadstone. This goes through some woodland and then alongside open parkland. Approaching the road, take the path to your left, keeping alongside the parkland.

Keep ahead through the next field, keeping to the hedgerow with Upton House on your left, until you reach a gate. Turn right as you go through

the gate and immediately cross the road ahead of you, turn left, and soon bear right and join a path on your right, to go under the dual carriageway.

- Continuing on this path takes you through two further underpasses. They can be flooded and you may need to retreat to take the road under the first underpass and cross the other roads instead.

Turn right (ie north) as you leave the last underpass and go through a small metal gate to follow the track, which runs alongside the road, until you meet a track on your left.

Turn left into the woods keeping ahead until after a few metres you meet a track and turn right. (This is the old Roman road.)

- Continue along the Roman road until you go through a gate passing a house on your left and its two entrances. Proceed another 150 m or so and take a path that curves up through the bank on your left and through a sparse wood.

Follow the trodden track as it winds through the wood following the contours. Avoid the left hand fork and at the next fork, take the path on the left keeping on the trodden path through the gorse and avoiding several forks on to minor paths, keeping west and then north west. Arriving at a junction of paths in a more wooded area, continue to the next junction where you can see the houses ahead. Turn left and soon left again, on to a wide gravelled track, and arrive at a view point with an information board.

- Continue along the ridge and soon take the sandy track down the hill and stay on it as it passes under some cables. Continue to the right to follow the line of the cables and then turn to the left under some power lines.

Pass a small marker post in the middle of the path, and after nearly 200 m take a path on the right into a disused quarry. Take the right hand fork of the two paths going up ahead of you at the opposite side of the quarry and at the top keep ahead briefly along the top edge of the quarry. This leads on to a narrow track through the gorse.

- Shortly, drop down to your left to join the disused railway. Turn right onto it.

As you approach the road, swing round to the right. Go ahead and up an incline to reach a footbridge across the main road.

Go over the bridge and turn left to follow the track behind the houses

Stay with this track, which is sometimes tarmac and sometimes a trodden earth path, keeping between the houses and the main road until it comes to an end. Go ahead into the road and soon turn left into Gorse Lane.

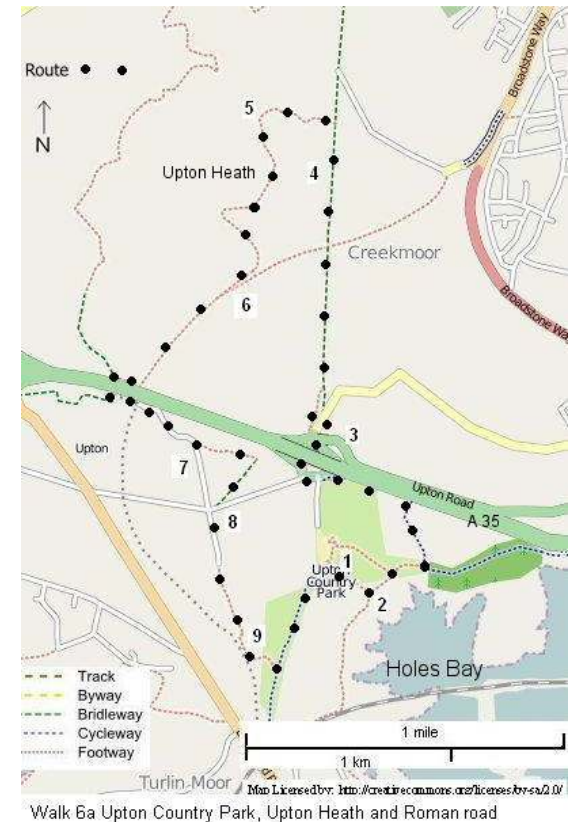
- When you come to the end of the road, turn left under a house built over the road. Pass between metal posts to your right and turn left immediately on to the path through the woods.

Follow the path through the wood until you reach a bridge. Cross the bridge, turn right, and continue ahead behind the houses to a minor estate road. Go straight across to a short path through the trees to join a main road.

- Cross over the road and enter Ropers Lane directly ahead. Continue ahead through a gate and onto a path, which leads along behind an industrial estate. There are several turns on the left into Upton Country Park. From any one of them, follow the signposts to Tea Rooms, Gallery and/or Main Car Park, or continue along the path.

- Eventually the path turns sharp right at the end of the estate. After a few metres turn left to enter Upton Country Park. The path heads downhill and then bears left.

Turn right and then when you reach a track passing right to left, turn left. Continue ahead until you enter the car park.



Updated December 2020\*

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